

1	1	2	2	1	3	2
1	1	2	2	1	3	2
1	1	2	2	1	3	2
1	1	2	2	1	3	2
1	1	2	2	1	3	2
1	1	2	2	4	3	2
1	1	2	2	1	3	2
1	1	2	2	4	3	2
1	1	2	2	1	3	2
1	1	2	2	1	3	2
1	2	2	2	1	3	2
1	2	2	2	3	3	2
1	1	2	2	1	3	2
1	1	2	2	3	3	2
1	1	2	2	1	3	2
1	1	2	2	1	3	2
1	1	2	2	4	3	2
1	1	2	2	1	3	2
1	1	2	2	1	3	2
1	1	2	2	2	3	2
1	1	2	2	2	3	2
1	1	1	2	2	3	2
1	1	1	2	3	3	2
1	1	1	2	2	3	2
1	1	1	2	2	1	2
2	1	1	2	3	3	1
2	1	1	2	3	3	1

2	1	1	2	2	3	1
2	1	1	2	2	3	1
2	1	1	2	2	3	2
2	1	2	2	2	3	2
2	1	1	2	2	3	2
2	1	1	2	2	3	2
2	1	1	2	2	3	2
2	1	2	2	3	3	2
2	1	1	2	3	3	2
2	1	1	2	3	1	2
2	1	1	2	2	1	2
2	1	1	2	2	1	2
2	1	1	2	2	1	2
2	1	2	2	1	1	2
2	1	2	2	1	2	2
2	1	2	2	1	2	2
2	1	2	2	1	2	2
2	1	2	2	1	2	2
2	1	1	2	1	3	2
2	1	1	2	2	3	2
2	1	1	2	2	3	2
2	1	1	2	2	3	2
2	2	1	2	2	3	2
2	1	2	2	1	3	2
2	1	2	2	1	3	2
2	1	2	2	1	3	2
2	1	1	2	1	3	2
2	2	1	2	1	3	2

Lampiran 8

Hasil SPSS

Pre_KonK

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Stres Sedang	50	100.0	100.0	100.0

Post_KonK

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Stres Sedang	50	100.0	100.0	100.0

Pre_InterK

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid stres sedang	50	100.0	100.0	100.0

Post_InterK

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid stres ringan	48	96.0	96.0	96.0
stres sedang	2	4.0	4.0	100.0
Total	50	100.0	100.0	

Descriptive Statistics

	N	Mean	Std. Deviation	Minimum	Maximum
Pre_KonK	50	3.00	.000	3	3
Post_KonK	50	3.00	.000	3	3

Ranks

	N	Mean Rank	Sum of Ranks
Post_KonK - Pre_KonK Negative Ranks	0 ^a	.00	.00
Positive Ranks	0 ^b	.00	.00
Ties	50 ^c		
Total	50		

- a. Post_KonK < Pre_KonK
- b. Post_KonK > Pre_KonK
- c. Post_KonK = Pre_KonK

Test Statistics^b

	Post_KonK - Pre_KonK
Z	.000 ^a
Asymp. Sig. (2-tailed)	1.000

- a. The sum of negative ranks equals the sum of positive ranks.
- b. Wilcoxon Signed Ranks Test

Descriptive Statistics

	N	Mean	Std. Deviation	Minimum	Maximum
Pre_InterK	50	3.00	.000	3	3
Post_InterK	50	2.04	.198	2	3

Ranks

	N	Mean Rank	Sum of Ranks
Post_InterK - Pre_InterK	Negative Ranks	48 ^a	1176.00
	Positive Ranks	0 ^b	.00
	Ties	2 ^c	
	Total	50	

- a. Post_InterK < Pre_InterK
- b. Post_InterK > Pre_InterK
- c. Post_InterK = Pre_InterK

Test Statistics^b

	Post_InterK - Pre_InterK
Z	-6.928 ^a
Asymp. Sig. (2-tailed)	.000

- a. Based on positive ranks.
- b. Wilcoxon Signed Ranks Test

